

TOASTY & TERRIFIC

6 WAYS TO WARD OFF THE COLD WEATHER BLUES

THIS WINTER, BUNDLE UP as you head to the ultimate new places to see and be seen around NYC. We're here to tell you where to grab that spiked hot chocolate, get all the tips and tricks you'll need to spice up your sex life, and how to stay motivated to pursue your New Year's resolutions. Need a warm winter escape instead? We've got you covered on that, too.

By Gwen Wunderlich



Hard Rock Hotel Ibiza

If you're in desperate need of a getaway to escape the cold or decompress after all the holiday stress, consider visiting the Hard Rock Hotel in Ibiza. The hotel is located on one of the world's most highly ranked beaches on an island surrounded by crystal blue water, sugar white sand, and stunning sunsets. Fusing Ibiza's vibrant culture with the legendary Hard Rock energy, Hard Rock Hotel Ibiza will not only deliver a perfect blend of relaxation and fun, but also nourish your mind with memories you will never forget. HRHIbiza.com

Moxy Hotel

Get toasted! Head over to the city's hottest new rooftop bar to warm up with a drink after work or impress your Valentine on your big date night. Conveniently located near Times Square, the Moxy offers a buzzing atmosphere with its vibrant restaurants and the acclaimed largest all-season rooftop bar in New York City. Open daily after 4 p.m., the Magic Hour Rooftop Bar & Lounge features an "urban amusement park" with epic views of the Empire State Building, as well as weekly DJ appearances, a miniature putt-putt course, and an oversized topiary garden. For adventure-seekers and fun-lovers, it's heaven! Moxy-Hotels.Marriott.com



The V Club

Is having better sex one of your resolutions? Then head to the all-new V Club where, thanks to founder Courtney Cleman, you can learn anything and everything about yourself and your partner in order to have the best sex ever. The unique blend of classes—like "A Woman's Guide to the Male Psychology of Sex and His Big 'O'" and "A Couple's Guide to the Psychology of Sex and Intimacy"—are designed to help men and women understand more about relationships, love, and sex. (Let's be honest—we can all use a little help!). The beautiful, elegant, and energetic studio is located in Chelsea. TheVClub.com



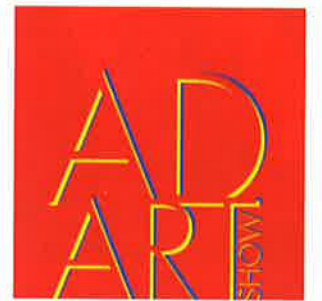
Virtual Health Partners

We know, we know... this year you're *really* going to shed the holiday weight and adapt a healthier lifestyle. If you're serious about it this time, consider the nifty fitness and lifestyle program, Virtual Health Partner. It's easily accessible via mobile phone, tablet, or computer, and offers a variety of virtual classes, including Pilates, yoga, body burn, cardio dance, HIIT, and barre. Classes range from beginner to experienced, so there's no excuse not to give all of them a try. VirtualHealthPartners.com



VR World

If trying something new is on your bucket list, then search no more. Check it off your list by dropping by the United States' largest VR World. Upon entering, you will have access to more than 50 of the world's finest and most diverse interactive virtual reality experiences, "teleporting" you to an artificial world where adventures are infinite. It's a New York City must. VRWorldNYC.com



What to See: The MvVO AD ART SHOW

From February 22-25, you'll be able to discover the next generation of artists from advertising and commercial arts at AD ART SHOW 2018 at Sotheby's New York City. As the latest art venture of MvVO Art, the event celebrates the contribution to contemporary art made by these creative artists, some maintaining dual professional lives for decades with one foot in the art world, and the other in the commercial world. AD ART SHOW artists are chosen by a panel of contemporary art experts chaired by Laura Skoler, who serves on the board of directors of the New Museum, and Eric Shiner, SVP Contemporary Art at Sotheby's and former director of the Andy Warhol Museum, among others. Sotheby's New York City, 1334 York Avenue, MvVOArt.com